



Clinical Integrated Arts Psychoanalysis Therapy
临床综合艺术心理分析治疗培训课程

Dr. Lau, Sze-oi Lucia draws from her 20 years studies and clinical art psychotherapy experience, develops an intensive and practical curriculum. Training combines elements of multiple disciplines: General Psychology, Arts Therapy, Creative Theory, Aesthetic Theory, Western and Eastern Philosophy. Students learn skills through experiential learning and practical application in daily life situations.

Clinical arts psychotherapists work in different mental health settings, such as, hospitals, nursing home, special schools, social agents...etc. Some therapists become a life coach, leadership trainers, and creative consultants in business world. The work is challenging and rewarding. Taking this training, you can deeply understand about the self, your position between heaven and earth. Chinese proverb says "Knowing the self and knowing others; you win the life."

The diploma also aims to prepare:

- 1) Students to be a passionate and competence arts psychotherapist for general public. Are you self-motivated with great work ethic? Are you ready to do what you love for a living?
- 2) Assist students to set up a profitable Expressive Arts & Therapy Studio step by step in their area. Conditions and supervision are required.

Level Two

Day 1 Arts Therapy & Self Transformative Theory
艺术治疗 & 自我更新转化理论
The Theories of Transformation 自我更新理论的转型
Arts as the Changing Agent from Inside Out 艺术从内到外的改变
Bringing about Transformational 不同年龄段带来的更新转化
Differentiation Mental-spiritual aspects 分化人类心理精神
Thinking, Consciousness, Insight & Emotion 思维、意识、洞察力、记忆和情感
Transformation and Integration in Personal Growth 整合个人成长转型

Day 2 Age 0 ~ 12 Mental Health Issues and Art Therapy
0-12 心理健康问题和艺术治疗
Pre & Post Pregnancy Depression 妊娠前后抑郁症
Autism and Arts Therapy Treatment 自闭症和艺术疗法
ADD & ADHD & ODD 多动症强迫行为艺术疗法和
Anxiety 焦虑症和艺术疗法
Children Depression 儿童抑郁症和艺术疗法
Social & emotional Development 情绪社交问题
Parenting Styles 親子教育

Day 3 Teenage ~ Adulthood Mental Health Issues
青年成年的心理健康问题和艺术治疗
Suicidal & Mental Health 自杀和心理健康
Early Psychosis 早期精神病, 思觉失调
Eating Disorder & Anxiety 进食障碍, 焦虑症
Gender Issues & Relationship 性别问题的关系
Depression & Bipolar 抑郁症 & 狂躁症
Personality & Dissociative Disorder 人格障碍与迷离

Day 4 Arts Therapy & Family Therapy
艺术治疗 & 家庭治疗
Assessment on Family of origin maps 通过家庭的起源地图评估
Family coping and communication skills 家庭应对和沟通技巧
Family strength and resources 家族的力量和资源
Family relationships, past and present 雕刻家庭关系
Resolving unfinished business 解决未了的过去
Integrating past and present relationships 整合现在过去关系
Integration of Stair Model in Arts 整合艺术与 Stair 心理模式
Attachment & Co-dependence Theories 依存性与倚赖性理论
Addiction & Concurrent Illness 沉溺与精神病

Day 5 Case Study
個案研究實習
Group Therapy & Community Dynamics 小组治疗 & 社区动态
Cultural Difference in Treatment 在治疗中的文化差异
Dilemma & Ethical Issues in Treatment 困境治疗中的伦理问题
Self Care and Treatment 自我护理和治疗
Case studies 案例研究
Celebration 庆祝会

Curriculum Highlight:

*100 hrs case study and supervision is required
Students can participate supervision and discussion in healing circles through internet devises.*



Dr. Lau, Sze-oi Lucia Ed.D
RCC. #1813; BCAT#1813.

- North Illinois University**
*Ed.D. Art Psychotherapy
*M.S. Art Therapy
*M.Ed. Adult Education
Florida International Univ
*B.A. Fine Art
Holly Spirit College
*B.A. Philosophy

Dr. Lau has 25 years art teaching experiences and 20 years extensive clinical work around Mental Health issues: Depression, Phobias, Early Psychosis and addiction; and trauma relates to PTSD, Domestic violence and abuse.

In 1999, Dr. Lau founded *Dr. Art School of Expressive Arts Therapy in Canada*. From 2010–2003, she received the “Art Education” award from City of Richmond, BC Canada.

She is also specialized in right brain visual learning. She promotes and designs personal therapeutic and educational program for children with special needs: such as Autism, Syndromes, learning Delays & ADHD.



International Recognition:

- A diploma certificate will be issued from Canada Dr. Art School of Expressive Arts Therapy upon finished each level.
- Students can apply Canada registered arts psychotherapist with 200 cases study and supervision after obtaining 2 levels training with a bachelor degree.
- Participants can join post study supervision groups, and apply for memberships from
 - Canada Dr. Art Professional Members;
 - HK Psychology of Arts Society,
 - Canadian Art Therapy Association
 - American Art Therapy Association (Fees & condition apply):

Who Should Attend: Age 18 up

Anyone who has a passionate heart for human well-being. Who are interested in issues around creativity, mental health, emotional intelligent learning should apply. Teachers, Headmasters, Principles, Parents, Social workers, Counsellors, Therapist, Life coaches, Mental health professions, Doctors and Spiritual leaders...

Workshop Schedule

Place: Dates